



Name: _____ Address: _____

Email: _____

Phone: _____ Date of Birth (YYYY/MM/DD): _____

Emergency Contact

Name & Phone: _____

Agreement of Release and Waiver of Liability Form

By completing and signing this form, I hereby agree to the following:

1. That I am participating in a yoga class, workshop, or pre-registered session offered by Michelle Brazier during which I will receive information and instruction about yoga. I recognize that yoga may require some physical exertion, which may be strenuous and may cause physical injury. I am fully aware of the risks and/or hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in the yoga class, workshop, or pre-registered session. I certify that I am physically fit and I have no medical condition that would prevent my full participation in the yoga class, workshop, or pre-registered session.
3. I knowingly, voluntarily, and expressly waive any claim that I may have against Michelle Brazier from any injury, death, or damages that I may have sustained as a result of being at a yoga class, workshop, or pre-registered session; including loss that may be caused by the negligence of the released party.
4. I release and discharge Michelle Brazier from any and all liability, claim, demand, or action that I may have related to the loss, theft, or damage of any of my personal property while at a yoga class, workshop, or pre-registered session.
5. I acknowledge the contagious nature of the novel coronavirus COVID-19 and voluntarily assume the risk that I may be exposed to or infected by the novel coronavirus COVID-19, and that such exposure or infection may result in personal injury, illness, permanent disability, and death.
6. I voluntarily agree to assume full responsibility for all of the foregoing risks and accept sole responsibility for any injury, illness, damage, loss, claim, liability, or expense, of any kind, that I may incur as a result of participating in a yoga class, workshop, or pre-registered session.

I have read the above release and waiver of liability and fully understand its contents. I am 18 years of age or older and voluntarily agree to the terms and conditions stated above.

Participant Signature: _____ Date: _____

If the participant is 18 years of age or younger:

Parent/Guardian Printed Name and Signature: _____